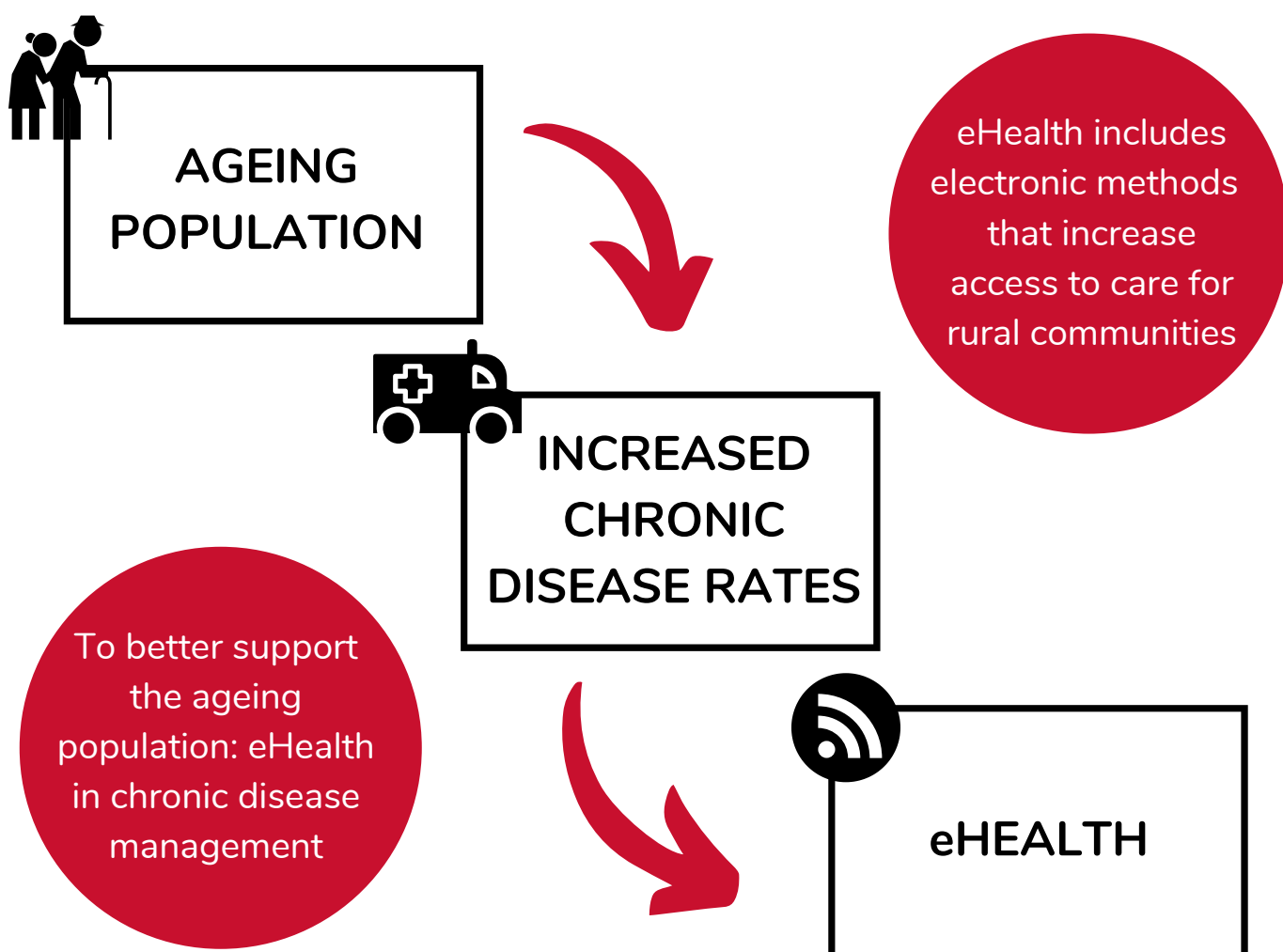


eHealth Chronic Disease Management for Older Adults

S. Paskaran, M. LeBlanc, S. Petrie, P. Peters (2019)

Australia and Canada are facing an increasing ageing population and consequent increasing chronic disease rate and healthcare demand. eHealth is an avenue of intervention that has been shown to help address that demand.



CURRENT INTERVENTIONS

While many patients and providers embrace eHealth within the rural health system, it is important to consider both the advantages and disadvantages:

Advantages

Decreased travel time



Access to services



Increased support



Disadvantages

Technological issues



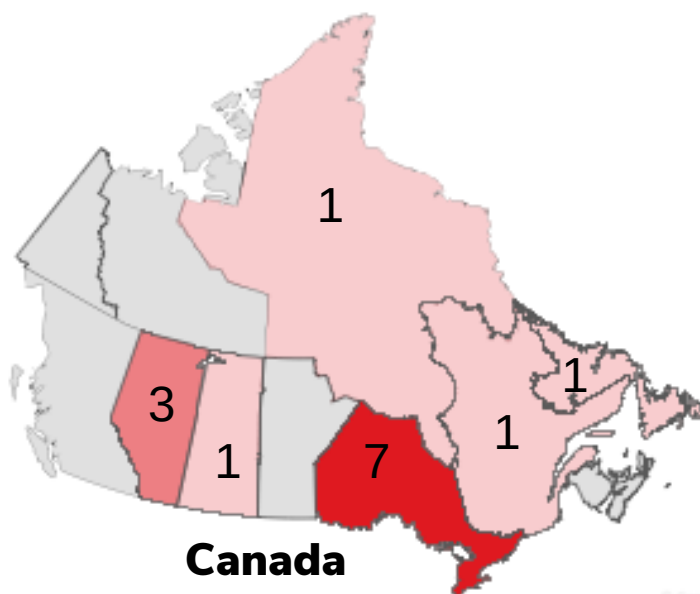
Not face-to-face



Poor provider coordination



eHealth projects for chronic disease management are not evenly distributed across Australia and Canada



FUTURE DIRECTIONS

Common eHealth Specialties:

- Oncology
- General eHealth
- Rehabilitation
- Rheumatology
- Chronic disease

Although eHealth is being used for many specialties, its use in chronic disease management should be expanded to increase access to health care and decrease the burden on the health care system.